

## Hampshire & Isle of Wight Healthcare Foundation Trust

### Drop-in Clinics – September 2025

To meet an NHSP representative at the Local Office  
(NHSP Office, L1, Tom Rudd Unit, Moorgreen Hospital, West End, Southampton SO30 3JB)  
please book using the following link: [HIOWH Appointment Booking Link](#)

To meet an NHSP representative on the Isle of Wight  
(Agile Office, Ground Floor, South Hospital, St Marys Hospital, Parkhurst Rd, Newport PO30 5TG)  
please book using the following link: [HIOWH Appointment Booking Link](#)

*Please note: if you turn up at either office without an appointment you may be turned away.*

Please note that drop-ins are under constant review and there may be changes at short-notice.  
Please call us on 03330 143676 to confirm the drop-in you wish to attend is still going ahead.

Location	Area	Day	Time
Lymington New Forest Hospital	Reception	Tuesday 2 <sup>nd</sup> September	09:30 – 10:30
Serenity Path Hospital (previously Leigh House) <i>Appointment only for non-Serenity Path staff</i>	Reception	Tuesday 2 <sup>nd</sup> September	10:00 – 11:00
St Mary's Hospital, Isle of Wight	Agile Office South Hospital	Tuesday 2 <sup>nd</sup> September	10:00 – 14:00
Antelope House	Reception	Tuesday 2 <sup>nd</sup> September	12:30 – 13:30
Parklands Hospital	Reception	Wednesday 3 <sup>rd</sup> September	10:00 – 12:00
Alton Community Hospital	Reception	Wednesday 3 <sup>rd</sup> September	14:30 – 15:30
St Mary's Hospital, Isle of Wight	Agile Office South Hospital	Wednesday 3 <sup>rd</sup> September	10:00 - 14:00
Western Community Hospital	Conan Doyle ward	Thursday 4 <sup>th</sup> September	10:00 – 12:00
St Mary's Hospital, Isle of Wight	Agile Office South Hospital	Thursday 4 <sup>th</sup> September	10:00 – 14:00
Gosport War Memorial Hospital	Café	Thursday 4 <sup>th</sup> September	10:30 – 12:00
Elmleigh	Reception	Thursday 4 <sup>th</sup> September	13:30 – 14:30
Lymington New Forest Hospital	Reception	Tuesday 9 <sup>th</sup> September	09:30 – 10:30
Tatchbury Mount	Sterne 7 Cafe	Tuesday 9 <sup>th</sup> September	09:30 – 10:30
St Mary's Hospital, Isle of Wight	Agile Office South Hospital	Tuesday 9 <sup>th</sup> September	10:00 – 14:00

<b>Antelope House</b>	Reception	Tuesday 9 <sup>th</sup> September	12:30 – 13:30
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Wednesday 10 <sup>th</sup> September	10:00 – 14:00
<b>Parklands Hospital</b>	Reception	Wednesday 10 <sup>th</sup> September	10:00 – 12:00
<b>Petersfield Community Hospital</b>	Reception	Thursday 11 <sup>th</sup> September	10:00 – 11:00
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Thursday 11 <sup>th</sup> September	10:00 – 14:00
<b>Western Community Hospital</b>	Conan Doyle ward	Thursday 11 <sup>th</sup> September	10:00 – 12:00
<b>Lymington New Forest Hospital</b>	Reception	Tuesday 16 <sup>th</sup> September	09:30 – 10:30
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Tuesday 16 <sup>th</sup> September	10:00 – 14:00
<b>Antelope House</b>	Reception	Tuesday 16 <sup>th</sup> September	12:30 – 13:30
<b>Parklands Hospital</b>	Reception	Wednesday 17 <sup>th</sup> September	10:00 – 12:00
<b>St Marys Portsmouth</b>	Reception	Wednesday 17 <sup>th</sup> September	10:30 – 12:00
<b>St James Portsmouth</b>	Reception	Wednesday 17 <sup>th</sup> September	13:30 – 14:30
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Thursday 18 <sup>th</sup> September	10:00 – 14:00
<b>Western Community Hospital</b>	Conan Doyle ward	Thursday 18 <sup>th</sup> September	10:00 – 12:00
<b>Gosport War Memorial Hospital</b>	Café	Thursday 18 <sup>th</sup> September	10:30 – 12:00
<b>Elmleigh</b>	Reception	Thursday 18 <sup>th</sup> September	13:30 – 14:30
<b>Lymington New Forest Hospital</b>	Reception	Tuesday 23 <sup>rd</sup> September	09:30 – 10:30
<b>Tatchbury Mount</b>	Sterne 7 Cafe	Tuesday 23 <sup>rd</sup> September	09:30 – 10:30
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Tuesday 23 <sup>rd</sup> September	10:00 – 14:00
<b>Antelope House</b>	Reception	Tuesday 23 <sup>rd</sup> September	12:30 – 13:30
<b>Parklands Hospital</b>	Reception	Wednesday 24 <sup>th</sup> September	10:00 – 12:00
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Wednesday 24 <sup>th</sup> September	10:00 – 14:00
<b>St Marys Portsmouth</b>	Reception	Wednesday 24 <sup>th</sup> September	10:30 – 12:00
<b>Harry Sotnick Portsmouth</b>	Reception	Wednesday 24 <sup>th</sup> September	13:30 – 14:30

<b>Western Community Hospital</b>	Conan Doyle ward	Thursday 25 <sup>th</sup> September	10:00 – 12:00
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Thursday 25 <sup>th</sup> September	10:00 – 14:00
<b>Lymington New Forest Hospital</b>	Reception	Tuesday 30 <sup>th</sup> September	09:30 – 10:30
<b>Serenity Path Hospital (previously Leigh House)</b> Appointment only for non-Serenity Path staff	Reception	Tuesday 30 <sup>th</sup> September	10:00 – 11:00
<b>St Mary's Hospital, Isle of Wight</b>	Agile Office South Hospital	Tuesday 30 <sup>th</sup> September	10:00 – 14:00
<b>Antelope House</b>	Reception	Tuesday 30 <sup>th</sup> September	12:30 – 13:30

### Address Details for Drop-in Clinics

- Alton Community Hospital, Chawton Park Road, Alton, GU34 1RJ
- Antelope House, Brintons Terrace, Southampton, SO14 0YG
- Elmleigh Hospital, 61A New Lane, Havant, PO9 2JJ
- Fordingbridge Hospital, Bartons Rd, Fordingbridge, SP6 1JD
- Gosport War Memorial Hospital, Bury Road, Gosport, PO12 3PW
- Lymington New Forest Hospital, Ampress Park, Wellworthy Road, Lymington, SO41 8QD
- Melbury Lodge, Royal Hampshire County Hospital, Romsey Road, Winchester, SO22 5DG
- Parklands Hospital, Aldermaston Road, Basingstoke, RG24 9RH
- Petersfield Community Hospital, Swan Street, Petersfield, GU32 3LB
- Ravenswood House, Knowle, Fareham, PO17 5NA (use PO17 5ND for sat navs)
- Serenity Path Hospital (previously Leigh House), Alresford Road, Winchester, SO21 1HD
- St Marys Hospital, Parkhurst Rd, Newport PO30 5TG (Agile Office, Ground Floor, South Hospital)
- Tatchbury Mount, Sterne 7 Building, Calmore, Southampton, SO40 2RZ
- Western Community Hospital, William Macleod Way, Southampton, SO16 4XE
- St Marys Hospital, Milton Road, Portsmouth PO3 6AD
- St James Hospital, Locksway Road, Southsea PO4 8FE
- Harry Sotnick, Cranleigh Avenue, Fratton, Portsmouth PO1 5LU

**Trust Services Partners:** Amy Newsome, Linda Payce & Stephanie Cook

**Trust Services Partner (IOW):** Tom Mills

**Senior Trust Services Partner:** Elaine Spark



### **NHSP Local Office Details**

**Address:**

NHSP Office  
L1 Tom Rudd Unit  
Moorgreen Hospital Botley Road  
West End  
SO30 3JB

**Hours:** Monday–Friday, 09:00-17:00

**Tel:** 03330 143676

**Email:** [hiowh@nhsprofessionals.nhs.uk](mailto:hiowh@nhsprofessionals.nhs.uk)

**Flexible Worker Advisors:** Aisha Lawrence & Lisa Maxted  
**Trust Operations Manager:** Victoria Williams