

Nightingale COVID -19 Palliative / End of Life & Bereavement Care

In this time, palliative care is just as critically needed as fluids, fever reducers & respirators

- Traditional models of palliative care are being adapted to address the needs of people dying from COVID 19
- Goals of care, communication, symptom control and family / close friends contact will be different and delivered in a way that you have never done before and will feel uncomfortable
- This can be done with compassion with the right approaches using modern technology & journals to capture memories for family - Non-drug approaches aids symptoms control
- Symptom control medication will focus on common symptoms seen in the last days of life & those seen in COVID-19 such as Breathlessness, Cough, Delirium, Fever & Pain (Complex symptom control will be supported by Specialist Palliative Care Teams accessible 24/7)
- Immediately before & Care After Death – Action Cards in the Community Palliative, End of Life & Bereavement Care in the COVID-19 Pandemic
- Memento's – Two Hearts, handprints, locks of hair etc. This is individual and unique to each person so its your time to be creative and continue to break the rules that don't exist!

None of us have done this before but together we will unite to do the best we can & be the best for our patients, families & each other!