Deteriorating patient A-E Scenario 1.

John Peters is a 75-year-old man who has been admitted following step down from critical care with COVID - 19. He has no past medical history of significance.

Upon assessment he moans when you try to wake him. The ABCDE findings when assessed (get candidates to ask questions so can use hands off approach and facilitator demonstrate only) are:

Airway: his head is slumped and he is snoring and gurgling

Breathing: his respiratory rate is 25 and the saturation monitor is showing saturations at 90%

Circulation: he has a central pulse of 130 beats per minute. Blood pressure is 90/40 with a capillary refill time of 4 seconds

Disability: he is responding to painful stimuli, blood sugars are normal and his pupils are equal. His temperature is 38.9

Exposure: nil of note

Can you list what actions you would take?

Ask – How would they communicate this using SBAR and to whom?

Patient scenario 2

Mrs Johnson is a patient on the NHS Nightingale ward. Her previous observations show her NEWS2 score is 0. She has now developed chest pain. Observations (only when asked after assessment) are now as follows:

Airway: airway is clear

Breathing: she feels breathless (respiration rate 25). She is not on oxygen as her saturations are 97%

Circulation: she looks pale and clammy. Her blood pressure is 160/90 and her pulse is 120, C/O chest pain and anxious,

Disability: she is alert and her temperature is 36.5

Exposure: nothing that causes concern

Her NEWS2 score is 5.

Would you request an urgent review?

How would you communicate this using SBAR ?