

CASE STUDY - NHS PROFESSIONALS

---

# Teresa Walker

## Registered Midwife

I have worked at Rotherham since 2008. The maternity team are not only my colleagues but my work family. Since transferring to NHSP they have continued to make me feel like one of their own.



### What inspired you to become a midwife?

From being a little girl, I always wanted to be a Nurse, Air Stewardess, and a Midwife. My dear late Mum would always say that this was all I ever wanted to do. I first recall writing to Nursing school at the age of 13 - a little early but showing my passion from an early age. I knew back then that I wanted to care for and look after people. I started my nurse training in 1985, qualifying in 1988. I went on shortly after that to work for British Airways as cabin crew working long haul which I did for a couple of years. I saw the world and had great fun, but I knew where my true vocation was and returned to nursing in 1990. In 1994 I began training to be a Midwife and qualified in 1995. I have worked as a midwife since in Sheffield, Mansfield and since 2008 I have been a member of the maternity team at Rotherham in both management and clinical roles.

### Why did you decide to join NHS Professionals?

I joined NHSP during the time I had a midwifery contract with the hospital working extra shifts where required. I then decided due to family commitments to work bank only with NHSP to provide me with a greater control and flexibility with my shifts.

### How did you find the joining process?

I found joining the process relatively easy. The NHSP staff at the hospital were very helpful with the transfer process.

### Would you recommend working for NHS Professionals to colleagues and friends?

Absolutely, if it suits their needs and requirements. I am flexi retired so it has helped me to be able to support the family with childcare for school runs and during the school holidays.

### How has NHSP supported your work-life balance and commitments?

It has supported my work-life balance and family commitments enormously. Whilst I still want to support the team and work on the unit, I have the ability to choose what suits around the needs of the family.